



Society for Continence (Singapore)

Continence Management Course

27 - 29 Aug 2026

S P O N S O R S H I P K I T



Society for Continence (Singapore)

Continence Management Course 2026

Welcome to Continence Management Course, a 2.5-day program designed to provide healthcare professionals with a comprehensive and practical understanding of urinary function and dysfunction. This event covers the anatomy and physiology of micturition, key types and consequences of urinary incontinence, overactive bladder, and the management of neurogenic and stress urinary incontinence. Emphasis is placed on clinical assessment through structured history taking, physical examination, bladder diaries, and urodynamic evaluation. Interactive workshops will strengthen practical skills in patient assessment, documentation, and diagnostic interpretation, bridging theory with real-world clinical practice.

27 - 29 Aug 2026



Lifelong Learning Institute

11 Eunos Rd 8, Singapore 408601

**not inclusive of production of video*

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Sponsorship Acknowledgement

Date:

Ms Karen Chng

Organising Chairperson

We have received your invitation for sponsorship
and would like to inform you that we:

AGREE to support this event and will come in as a:

Gold Sponsor - \$5,000

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Decline the invitation to support on my organisation's behalf.

Thank you.





Declaration of Acceptance

The contributions shall be used for covering congress costs and related scientific updates in support of continuing and advancing medical education.

Sponsorship Invitation Agreed and Accepted on this date:

(DD/MM/YYYY)

Name:

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Programme

Day 1: 27 Aug (Thu)



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11 Eunos Rd 8, Singapore 408601

- 7:30 – 8:00 am Opening Ceremony *by: President Dr Surendra Mantoo*
- 8:15 – 8:40a am Anatomy and Physiology of micturiation *by: Dr Tricia Kuo*
- 8:40 – 9:00 am Types and courses of Urinary Incontinence *by: Dr Ng Lay Guat*
- 9:00 – 9:15 am Consequence of Incontinence *by: Ms Liang Qing*
- 9:15 – 9:40 am Overactive Bladder *by: Dr Yeow Siying*
- 9:40 – 10:00 am Stress Urinary Incontinence *by: Dr Neo Shu Hui*
- 10:00 – 10:30 am Tea-break
- 10:30 – 10:55 am Management of Neurogenic Bladder *by: Dr Yong Jin*
- 10:55 – 11:20 pm History taking and Physical assessment *by: APN Zhuo Guoshuang*
- 11:20 – 11:40 pm Bladder Diary *by: Ms Sarah Chen*
- 11:40 – 12:00 pm Basic Urodynamics *by: Dr David Consigliere*
- 12:00 – 1:00 pm Lunch
- DAY 1 Workshop**
- 1:00 – 2:30 pm History taking (Group A&B) *by: Ms Zhuo Guoshuang*
- 2:30 – 3:00 pm Tea break
- 3:00 – 4:00 pm Bladder diary (Group A) *by: Ms Sarah Chen*
- 3:00 – 4:00 pm Urodynamics (Group B) *by: Ms Song Kun*
- 4:15 – 5:15 pm Urodynamics (Group A) *by: Ms Song Kun*
- 4:15 – 5:15 pm Bladder diary (Group B) *by: Ms Sarah Chen*





Programme

Day 2: 28 Aug (Fri)



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11 Eunos Rd 8, Singapore 408601

- 7:30 – 8:00 am Registration
- 8:00 – 8:30 am Pharmacotherapy for Urinary Incontinence and Retention *by: Ms Selina Cheong*
- 8:30 – 9:00 am Paediatric Urinary Incontinence *by: Dr Fay Lin*
- 9:00 – 9:30 am Urinary Incontinence in Frail Elderly *by: Dr Tay Poh Peng*
- 9:30 – 10:00 am Bladder Pain Syndrome *by: Dr Melissa Tay*
- 10:00 – 10:30 am Tea-break
- 10:30 – 11:00 am Surgical Options for Intractable Urinary Incontinence *by: Dr Park Joon Jae*
- 11:00 – 11:30 am Bladder Re-education *by: Ms Sarah Chen*
- 11:30 – 12:00 pm Pelvic Floor Management *by: Ms Rachel Tang*
- 12:00 – 1:00 pm Lunch

DAY 2 Workshop

- 1:00 – 2:00 pm Bladder Re-education (Group A) *by: Ms Sarah Chen*
- 1:00 – 2:00 pm PFMT (Group B) *by: Ms Rachel Tang*
- 2:00 – 3:00 pm Bladder Re-education (Group B) *by: Ms Sarah Chen*
- 2:00 – 3:00 pm PFMT (Group A) *by: Ms Rachel Tang*
- 3:00 – 3:30 pm Tea-break
- 3:30 – 4:30 pm Clean Intermittent Catherisation (Group A) *by: Ms Liang Qing*
- 3:30 – 4:30 pm 1. Catheter and Continence aids (Group B) *by: Ms Diana Chua*
2. IAD *by: Ms Silvaami and Ms Adeline*
- 4:30 – 5:30 pm 1. Catheter and Continence aids (Group A) *by: Ms Diana Chua*
2. IAD *by: Ms Silvaami and Ms Adeline*
- 4:30 – 5:30 pm Clean Intermittent Catherisation (Group B) *by: Ms Liangqing*



Programme

Day 3: 29 Aug (Sat)



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7:30 – 8:00 am Registration

Symposium 1: Bowel Dysfunction & Faecal Incontinence

8:00 – 8:25 am Anatomy and Physiology of Bowel Function: Foundations for Understanding Fecal Incontinence *by: Dr Lee Yao Zong*

8:25 – 8:55 am Clinical Presentation and Diagnostic Approach to Fecal Incontinence *by: Dr Surendra Mantoo*

8:55 – 9:20 am Contemporary Management of Fecal Incontinence: From Conservative Therapy to Advanced Interventions *by: Dr Cherylin Fu*

9:20 – 9:35 am Q&A *by: TBC*

9:35 – 10:00 am Tea-break

Symposium 2: Management of Constipation

10:00 – 10:25 am Etiology of Constipation *by: Dr Aloysius Tan*

10:25 – 10:50 am Management of constipation *by: Dr Karen Chan*

10:50 – 11:15 am Nurses' role *by: Ms Madalinah Tan*

11:15 – 11:30 pm Q&A

11:30 – 11:40 pm Closing ceremony *by: Dr Lim Jit Fong*

11:40 – 11:45 pm Course Evaluation